

# InCAS Squad Monthly Training Fees

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Squad monthly training fees are as follows (effective 1st October '06):

Squad	Monthly Training Fee
Scottish Senior	£56.00 (13hrs per week)
Scottish Junior	£48.00 (12hrs per week)
Scottish Feeder	£40.00 (10hrs per week)
Youth National	£32.00 (8hrs per week)
Youth	£30.00 (6hrs per week)
Dolphins	£25.00 (5hrs per week)
Seals	£20.00 (4hrs per week)
Transitions	£18.00 (3hrs per week)
InCAS Minors	£12.00 (2hrs per week)
Seniors*	£24.00* (6hrs per week)

\* This squad is for experienced swimmers unable to commit to the normal training schedule educational commitments. Entry into this squad is at the discretion of the head coach who wishes to train 8 hours then the payment is £32.00 and so on in increments of £4 per extra hour

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