

British Gas ASA National Age Group & Youth Championships 2012
Ponds Forge International Sports Centre, Sheffield
Youth: 17th – 21st July; Age Group: 22nd – 26th July (both age as at 26th July 2012)
Long & Short Course Qualifying Times (800m & 1500m Freestyle Long Course qualifying only)

Boys						Event	Girls					
11/12 yrs 50m	11/12 yrs 25m	13 years 50m	13 years 25m	14years 50m	14 years 25m		11/12 yrs 50m	11/12 yrs 25m	13 years 50m	13 years 25m	14 yrs 50m	14 yrs 25m
1.01.99	1.00.30	58.61	57.10	56.67	55.37	100m Freestyle	1.03.64	1.02.42	1.01.81	1.00.40	1.00.94	59.55
2.14.32	2.10.98	2.07.57	2.04.14	2.03.22	2.00.08	200m Freestyle	2.16.88	2.13.97	2.12.74	2.09.78	2.11.04	2.07.97
4.43.12	4.35.50	4.29.48	4.21.93	4.20.81	4.13.90	400m Freestyle	4.47.20	4.40.48	4.38.20	4.32.49	4.35.06	4.28.02
						800m Freestyle	9.51.79		9.33.31		9.26.51	
18.47.33		17.51.55		17.18.22		1500m Freestyle						
1.11.38	1.08.66	1.07.18	1.04.63	1.04.73	1.02.19	100m Backstroke	1.12.30	1.09.67	1.09.87	1.07.41	1.08.85	1.06.22
2.32.52	2.26.66	2.24.24	2.18.43	2.19.15	2.13.93	200m Backstroke	2.34.32	2.28.72	2.29.09	2.23.88	2.26.87	2.21.82
1.21.19	1.18.06	1.15.77	1.12.96	1.12.94	1.10.55	100m Breaststroke	1.21.89	1.19.41	1.19.14	1.16.67	1.17.96	1.15.43
2.55.32	2.48.80	2.44.22	2.39.06	2.38.76	2.33.50	200m Breaststroke	2.55.67	2.49.91	2.49.80	2.44.65	2.48.13	2.42.42
1.10.00	1.08.61	1.05.23	1.03.94	1.02.58	1.01.44	100m Butterfly	1.11.28	1.09.78	1.08.41	1.07.39	1.07.25	1.06.09
2.36.61	2.32.23	2.25.70	2.22.05	2.19.60	2.16.08	200m Butterfly	2.37.79	2.34.37	2.30.07	2.27.51	2.28.06	2.25.04
2.32.92	2.29.50	2.25.04	2.21.31	2.20.07	2.16.68	200m Ind. Medley	2.35.56	2.31.58	2.30.56	2.27.23	2.29.02	2.24.94
5.26.28	5.16.43	5.09.14	4.59.46	4.58.36	4.50.29	400m Ind. Medley	5.28.72	5.19.94	5.17.85	5.09.53	5.14.73	5.05.38
Boys						Event	Girls					
15/16 yrs 50m	15/16 yrs 25m	17/18 yrs 50m	17/18 yrs 25m	19 & over 50m	19 & over 25m		15/16 yrs 50m	15/16 yrs 25m	17/18 yrs 50m	17/18 yrs 25m	19 & over 50m	19 & over 25m
25.16	24.55	24.82	24.06	24.53	23.70	50m Freestyle	28.02	27.35	27.96	27.27	27.74	27.01
54.47	53.01	53.56	51.95	53.21	51.43	100m Freestyle	59.82	58.38	59.69	58.21	59.36	57.74
1.58.63	1.55.22	1.57.00	1.53.30	1.56.32	1.52.18	200m Freestyle	2.08.74	2.05.29	2.08.44	2.04.77	2.07.85	2.04.03
4.12.73	4.04.28	4.10.16	4.00.77	4.08.58	3.59.98	400m Freestyle	4.31.36	4.22.53	4.31.02	4.21.85	4.29.59	4.20.95
						800m Freestyle	9.21.30		9.19.11		9.16.70	
16.52.90		16.50.08		16.45.14		1500m Freestyle						
1.02.23	59.29	1.01.47	58.29	1.01.03	58.02	100m Backstroke	1.07.79	1.04.78	1.07.58	1.04.42	1.07.26	1.04.27
2.14.45	2.08.06	2.13.68	2.06.21	2.12.45	2.05.79	200m Backstroke	2.25.45	2.18.57	2.24.94	2.18.13	2.23.84	2.17.92
1.10.13	1.07.00	1.09.10	1.05.60	1.08.36	1.05.05	100m Breaststroke	1.17.10	1.13.87	1.16.77	1.13.60	1.16.33	1.13.18
2.33.36	2.26.27	2.31.61	2.23.24	2.29.95	2.22.05	200m Breaststroke	2.46.17	2.39.66	2.45.72	2.38.91	2.44.74	2.38.45
59.75	58.37	58.84	57.21	58.19	56.62	100m Butterfly	1.06.17	1.04.60	1.06.04	1.04.31	1.05.43	1.03.99
2.13.84	2.09.29	2.12.23	2.07.04	2.11.07	2.06.31	200m Butterfly	2.26.18	2.21.31	2.25.64	2.20.88	2.24.60	2.20.22
2.14.89	2.10.70	2.13.19	2.08.82	2.12.22	2.07.22	200m Ind. Medley	2.26.55	2.21.94	2.26.25	2.21.32	2.25.29	2.20.85
4.48.95	4.36.95	4.47.40	4.34.19	4.44.81	4.32.34	400m Ind. Medley	5.11.51	4.59.85	5.10.36	4.58.62	5.08.71	4.57.08

All competitors must have equalled or bettered the entry time in an event designated or licensed by the ASA, SASA or WASA for entry into National competitions or, for foreign competitors, approved by their Federation. Times must have been achieved since 1st October 2011.

Entries Close: 12noon Wednesday 27th June 2012



British Gas ASA National Youth Championships / British Gas ASA National MC Championships
Ponds Forge International Sports Centre, Sheffield
Tuesday 17th – Saturday 21st July 2012



Programme of Events

Tuesday 17 th July 2012	Wednesday 18 th July 2012	Thursday 19 th July 2012	Friday 20 th July 2012	Saturday 21 st July 2012
Session One - Heats	Session Three - Heats	Session Five - Heats	Session Eight - Heats	Session Eleven - Heats
Girls 200m I.M. MC W 200m Free MC M 200m Free Girls 100m Butterfly Boys 100m Backstroke MC W 400m Free MC M 400m Free Girls 100m Freestyle Boys 200m Breaststroke Girls 100m Backstroke MC M 50m Breast MC W 50m Breast Boys 4 x 100m Free Team	Boys 200m Butterfly MC W 50m Free MC M 50m Free Girls 400m Freestyle Boys 400m Freestyle MC W 100m Butterfly MC M 100m Butterfly Girls 200m Breaststroke Boys 200m I.M. MC W 150m IM MC M 150m IM Boys 100m Freestyle Girls 4 x 100m Free Team	Girls 200m Freestyle MC M 100m Back MC W 100m Back Boys 200m Backstroke Girls 200m Butterfly MC M 200m IM MC W 200m IM Boys 4 x 200m Free Team	Boys 200m Freestyle MC W 100m Breast MC M 100m Breast Girls 200m Backstroke Boys 100m Butterfly MC W 50m Back MC M 50m Back Girls 100m Breaststroke Boys 100m Breaststroke Girls 4 x 200m Free Team	Girls 50m Freestyle Boys 50m Freestyle MC W 50m Fly MC M 50m Fly Girls 400m I.M. Boys 400m I.M. MC W 100m Free MC M 100m Free Girls 4 x 100m Medley Team Boys 4 x 100m Medley Team
		Session Six - Heats	Session Nine - Heats	
		Girls 800m Free HDW	Boys 1500m Free HDW	
Session Two - Semi-finals & Finals	Session Four - Semi-finals & Finals	Session Seven - Semi-finals & Finals	Session Ten - Semi-finals & Finals	Session Twelve - Semi-finals & Finals
Girls 15/16 200m I.M. – SF Girls 17/18 200m I.M. – SF Girls 19+ 200m I.M. - Final MC W 200m Free MC M 200m Free Girls 15/16 100m Butterfly – SF Girls 17/18 100m Butterfly – SF Girls 19+ 100m Butterfly – Final Boys 15/16 100m Backstroke - SF Boys 17/18 100m Backstroke - SF Boys 19+ 100m Backstroke - Final MC W 400m Free MC M 400m Free Girls 15/16 100m Freestyle – SF Girls 17/18 100m Freestyle - SF Girls 19+ 100m Freestyle - Final Boys 15/16 200m Breast – SF Boys 17/18 200m Breast – SF Boys 19+ 200m Breast – Final Girls 15/16 100m Backstroke – SF Girls 17/18 100m Backstroke – SF Girls 19+ 100m Backstroke – Final MC M 50m Breast MC W 50m Breast Boys 4 x 100m Free Team - Final	Girls 15/16 100m Freestyle – Final Girls 17/18 100m Freestyle – Final MC W 50m Free MC M 50m Free Boys 15/16 200m Butterfly – SF Boys 17/18 200m Butterfly – SF Boys 19+ 200m Butterfly – Final Girls 15/16 400m Freestyle – Final Girls 17/18 400m Freestyle – Final Girls 19+ 400m Freestyle - Final Boys 15/16 400m Freestyle – Final Boys 17/18 400m Freestyle – Final Boys 19+ 400m Freestyle - Final Girls 15/16 200m Breast – SF Girls 17/18 200m Breast – SF Girls 19+ 200m Breast – Final Boys 15/16 100m Freestyle – SF Boys 17/18 100m Freestyle - SF Boys 19+ 100m Freestyle - Final MC W 100m Butterfly MC M 100m Butterfly Girls 15/16 200m I.M. – Final Girls 17/18 200m I.M. – Final Boys 15/16 200m I.M. – SF Boys 17/18 200m I.M. - SF Boys 19+ 200m I.M. - Final Girls 15/16 100m Butterfly – Final Girls 17/18 100m Butterfly - Final Boys 15/16 100m Backstroke – Final Boys 17/18 100m Backstroke - Final Girls 15/16 100m Backstroke – Final Girls 17/18 100m Backstroke – Final Boys 15/16 200m Breast – Final Boys 17/18 200m Breast – Final MC W 150m IM MC M 150m IM Girls 4 x 100m Free Team - Final	Boys 15/16 100m Freestyle – Final Boys 17/18 100m Freestyle – Final MC M 100m Back MC W 100m Back Girls 15/16 200m Freestyle – SF Girls 17/18 200m Freestyle – SF Girls 19+ 200m Freestyle – Final Boys 15/16 200m Back – SF Boys 17/18 200m Back – SF Boys 19+ 200m Back – Final Girls 15/16 200m Butterfly – SF Girls 17/18 200m Butterfly – SF Girls 19+ 200m Butterfly – Final Boys 15/16 200m Breast – Final Boys 17/18 200m Breast – Final Girls 15/16 200m Breast – Final Girls 17/18 200m Breast – Final Boys 15/16 200m I.M. – Final Boys 17/18 200m I.M. - Final MC M 200m IM MC W 200m IM Boys 4 x 200m Free Team - Final	Girls 15/16 200m Freestyle – Final Girls 17/18 200m Freestyle – Final Boys 15/16 200m Freestyle – SF Boys 17/18 200m Freestyle – SF Boys 19+ 200m Freestyle – Final MC W 100m Breast MC M 100m Breast Girls 15/16 100m Breast – SF Girls 17/18 100m Breast - SF Girls 19+ 100m Breast - Final Boys 15/16 100m Butterfly – SF Boys 17/18 100m Butterfly - SF Boys 19+ 100m Butterfly - Final Girls 15/16 200m Backstroke – SF Girls 17/18 200m Backstroke - SF Girls 19+ 200m Backstroke – Final Boys 15/16 100m Breast – SF Boys 17/18 100m Breast – SF Boys 19+ 100m Breast – Final MC W 50m Back MC M 50m Back Girls 15/16 200m Butterfly – Final Girls 17/18 200m Butterfly – Final Boys 15/16 200m Back – Final Boys 17/18 200m Back – Final Girls 4 x 200m Free Team – Final	Boys 15/16 50m Freestyle – SF Boys 17/18 50m Freestyle – SF Boys 19+ 50m Freestyle – Final Girls 15/16 50m Freestyle – SF Girls 17/18 50m Freestyle - SF Girls 19+ 50m Freestyle - Final MC W 50m Fly MC M 50m Fly Boys 15/16 400m I.M. – Final Boys 17/18 400m I.M. – Final Boys 19+ 400m I.M. – Final Girls 15/16 400m I.M. – Final Girls 17/18 400m I.M. - Final Girls 19+ 400m I.M. - Final Boys 15/16 100m Butterfly – Final Boys 17/18 100m Butterfly - Final Boys 15/16 200m Backstroke – Final Girls 17/18 200m Backstroke - Final Girls 15/16 200m Freestyle – Final Boys 17/18 200m Freestyle - Final Girls 15/16 100m Breast – Final Girls 17/18 100m Breast - Final Boys 15/16 100m Breast – Final Boys 17/18 100m Breast – Final MC W 100m Free MC M 100m Free Girls 15/16 50m Freestyle – Final Girls 17/18 50m Freestyle - Final Boys 15/16 50m Freestyle – Final Boys 17/18 50m Freestyle – Final Girls 4 x 100m Medley Team – Final Boys 4 x 100m Medley Team - Final

Principal Partner	Broadcast Partner	Funding Partner	Official Partners	Official Suppliers	Endorsed Product	Host City & Venue

Programme of Events

Sunday 22 nd July 2012	Monday 23 rd July 2012	Tuesday 24 th July 2012	Wednesday 25 th July 2012	Thursday 26 th July 2012
Session One – Heats Not before 8am	Session Three – Heats Not before 8am	Session Six – Heats Not before 8am	Session Nine – Heats Not before 8am	Session Eleven – Heats Not before 8am
Girls 200m I.M. Boys 100m Backstroke Girls 100m Freestyle Boys 200m Breaststroke Girls 200m Backstroke Boys 4 x 100m Free Team	Girls 400m Freestyle Boys 200m Butterfly Girls 200m Breaststroke Boys 100m Freestyle Girls 100m Butterfly Boys 200m I.M. Girls 4 x 100m Free Team	Boys 400m Freestyle Girls 200m Freestyle Boys 200m Backstroke Girls 200m Butterfly Boys 4 x 200m Free Team	Boys 200m Freestyle Girls 100m Backstroke Boys 100m Breaststroke Girls 100m Breaststroke Boys 100m Butterfly Girls 4 x 200m Free Team	Girls 400m I.M. Boys 400m I.M. Girls 4 x 100m Medley Team Boys 4 x 100m Medley Team
	Session Four – Heats 1-30pm	Session Seven – Heats 1-30pm		
	Boys 1500m Free HDW	Girls 800m Freestyle HDW		
Session Two – Finals 5pm	Session Five – Finals 5pm	Session Eight – Finals 5pm	Session Ten – Finals 5pm	Session Twelve – Finals 3pm
Girls 11/12 200m I.M. – Final Girls 13 200m I.M. – Final Girls 14 200m I.M. – SF Boys 11/12 100m Backstroke – Final Boys 13 100m Backstroke – Final Boys 14 100m Backstroke –SF Girls 11/12 100m Freestyle – Final Girls 13 100m Freestyle – Final Girls 14 100m Freestyle – SF Boys 11/12 200m Breast – Final Boys 13 200m Breast – Final Boys 14 200m Breast – Semi-Final Girls 11/12 200m Backstroke – Final Girls 13 200m Backstroke – Final Girls 14 200m Backstroke – SF Boys 4 x 100m Free Team - Final	Girls 11/12 400m Freestyle – Final Girls 13 400m Freestyle – Final Girls 14 400m Freestyle – Final Boys 11/12 200m Butterfly – Final Boys 13 200m Butterfly – Final Boys 14 200m Butterfly –SF Girls 11/12 200m Breast – Final Girls 13 200m Breast – Final Girls 14 200m Breast – SF Boys 11/12 100m Freestyle – Final Boys 13 100m Freestyle – Final Boys 14 100m Freestyle – SF Girls 11/12 100m Butterfly – Final Girls 13 100m Butterfly – Final Girls 14 100m Butterfly – SF Boys 11/12 200m I.M. – Final Boys 13 200m I.M. – Final Boys 14 200m I.M. – SF Girls 14 200m I.M. – Final Boys 14 100m Backstroke – Final Girls 14 100m Freestyle – Final Boys 14 200m Breast – Final Girls 14 200m Backstroke – Final Girls 4 x 100m Free Team - Final	Boys 11/12 400m Freestyle – Final Boys 13 400m Freestyle – Final Boys 14 400m Freestyle – Final Girls 11/12 200m Freestyle – Final Girls 13 200m Freestyle – Final Girls 14 200m Freestyle – SF Boys 11/12 200m Back – Final Boys 13 200m Back – Final Boys 14 200m Back – SF Girls 11/12 200m Butterfly – Final Girls 13 200m Butterfly – Final Girls 14 200m Butterfly – SF Boys 14 200m Butterfly – Final Girls 14 200m Breast – Final Boys 14 100m Freestyle – Final Girls 14 100m Butterfly – SF Boys 14 200m I.M. – Final Boys 14 200m I.M. – Final Boys 4 x 200m Free Team - Final	Boys 11/12 200m Freestyle – Final Boys 13 200m Freestyle – Final Boys 14 200m Freestyle – SF Girls 14 200m Freestyle – Final Boys 14 200m Back – Final Girls 14 200m Butterfly – Final Girls 11/12 100m Backstroke – Final Girls 13 100m Backstroke – Final Boys 11/12 100m Breast – Final Boys 13 100m Breast – Final Boys 14 100m Breast – SF Girls 11/12 100m Breast – Final Girls 13 100m Breast – Final Girls 14 100m Breast – SF Boys 11/12 100m Butterfly – Final Boys 13 100m Butterfly – Final Boys 14 100m Butterfly – SF Girls 4 x 200m Free Team – Final	Girls 11/12 400m I.M. – Final Girls 13 400m I.M. – Final Girls 14 400m I.M. – Final Boys 11/12 400m I.M. – Final Boys 13 400m I.M. – Final Boys 14 400m I.M. – Final Boys 14 200m Freestyle – Final Girls 14 100m Backstroke – Final Boys 14 100m Breast – Final Girls 14 100m Breast – Final Boys 14 100m Butterfly – Final Girls 4 x 100m Medley Team - Final



British Gas ASA National Youth Championships 2012

Ponds Forge International Sports Centre, Sheffield
Tuesday 17th – Saturday 21st July 2012

British Gas ASA National Age Group Championships 2012

Ponds Forge International Sports Centre, Sheffield
Sunday 22nd – Thursday 26th July 2012

CHANGES TO THE STRUCTURE OF THESE CHAMPIONSHIPS

As a result of feedback from Coaches and swimmers the following changes will be made to the structure of the ASA National Age & Youth Championships in 2012:

1. Both championships will be age at 26th July 2012
2. Swimmers age groups will be aligned.
3. Events will be introduced within the National Youth Championship Programme for older swimmers.

In order to accommodate this the following will take place:

- 14 year old Girls will now compete in the National Age Group Championships not the Youth Championships.
- The ages for the National Age Group Championships will be 11/12, 13 & 14 years for both Boys & Girls.
- Swimmers from the age of 10 to 14, on the 26th July 2012, can swim in teams at the National Age Group Championships.
- Semi-Finals will be introduced for some of the events involving the 14 year old age group.
- The ages for the Youth Championships will be 15/16, 17/18 years for both Boys & Girls.
- Semi-Finals will be retained within the Youth Championships.
- Youth Teams will consist of swimmers aged 15-18 years on the 26th July 2012.
- 40 teams will be invited to compete in each team event at the National Age & Youth Championships.
- Events will also be available within the National Youth Championships for swimmers ages 19 & over.
- There will be no team events for the 19 & over age group.
- Events will continue to be available for MC swimmers with the Youth Championship Programme.

As the date of the British Gas ASA Regional Youth Championships clashes with the opening ceremony for the National Childrens Games in London an opportunity will be provided for Youth Teams to qualify for the National Youth Championships at the ASA Zonal Championships in January.

The British Gas ASA Championships (50m) will be held at Ponds Forge International Sports Centre, Sheffield from Wednesday 20th – Saturday 23rd June 2012. This will be the final opportunity to qualify for the British team for the 2012 Olympic Games in London.

Barry J Saunders, Competition Manager, ASA Technical Swimming Committee
September 2011.