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Dear primary and secondary schools,

I attach for your information the programme details and entry forms for the 2010 Swimming Championships. ***It should be noted that the closing date for entries is Friday 11th September 2010.***

Wednesday 3rd November 2010 - Glenrothes Institute

Primary 10/under, 11/under and secondary pupils eligible for 11/under

Report time: 09.00am

Warm up time: 09.15am

Gala start: 10.00am

Approx finish: 13.00pm

Wednesday 3rd November 2010 - Glenrothes Institute

*200m, 400m free, 400m IM - distance events - 12/13yrs,
14/15yrs and 16yrs +*

Report time: 13.00pm

Warm up time: 13.15pm

Gala start: 14.00pm

Approx finish: 16.00pm

Tuesday 16th November 2010 - Glenrothes Institute

*Fife Schools 'A' Championships - 12/13yrs, 14/15yrs, 16yrs
+*

Report time: 09.00am

Warm up time: 09.15am

Gala start: 10.00am

Approx finish: 16.30pm

Please note that the 'A' Championships is an all day event - with heats in the morning and finals in the afternoon.

Competition Details

- Age as at 31/12/10
- Swimmers are permitted to enter 3 events - one of which should be at least 1x100m, except the 10/under and 11/under age groups who can only enter 2 events. Subsequently the older swimmers may enter 2 events at the Scottish Championships.
- All entries that do not meet the minimum entry time will be automatically rejected.
- There will be a maximum of 2 heats in each event for the 11/under age group. The organisers reserve the right to limit the number of heats in the 10/under age group to fit the time available within the meet license.
- The 10/under and 11/under age group relays will be swum as heat declared winners at the morning session on Wednesday 3rd November 2010.
- The 200m events for 12/13yrs, 14/15yrs and 16yrs + age groups will be swum as mixed sex heat declared winner events, seeded by time, at the afternoon session on the Wednesday 3rd November 2010, with a maximum of 12 competitors of each sex in each event.
- The open 400m free and 400m IM will take place at the afternoon session on Wednesday 3rd November 2010, and will be swum as mixed sex heat declared winner events, seeded by time, with a maximum of 12 competitors of each sex.
- For all other events the fastest 12 swimmers will be accepted for Tuesday 16th November 2010. The remaining entries will be rejected, but put on a reserve list. If any of the swimmers withdraw before the date of the event attempts will be made to allow the next fastest swimmer to compete.

Fife Schools Qualification Times

	25 back	50 back	100 back	200 back	25 breast	50 breast	100 breast	200 breast	25 fly	50 fly	100 fly	200 fly	25 free	50 free	100 free	200 free	200 IM	400 IM	400 free	
10/u girls	24.00				26.00				26.00				20.00							
10/u boys	24.00				26.00				26.00				20.00							
11/u girls		49.00				49.00				48.00				40.00						
11/u boys		49.00				49.00				48.00				40.00						
12/13 girls			1.50.00	3.30.00			1.55.00	3.40.00			1.55.00	3.30.00			1.30.00	3.00.00	3.01.00	6.15.00	5.40.00	
12/13 boys			1.45.00	3.30.00			1.50.00	3.35.00			1.45.00	3.30.00			1.30.00	2.50.00	2.54.00	6.00.00	5.25.00	
14/15 girls			1.45.00	3.30.00			1.50.00	3.30.00			1.45.00	3.25.00			1.30.00	2.55.00	2.55.00	6.15.00	5.40.00	
14/15 boys			1.40.00	3.15.00			1.45.00	3.20.00			1.40.00	3.20.00			1.20.00	2.45.00	2.44.00	6.00.00	5.25.00	
16+ girls			1.35.00	3.30.00			1.50.00	3.30.00			1.45.00	3.25.00			1.35.00	2.50.00	2.58.00	6.15.00	5.40.00	
16+ boys			1.35.00	3.15.00			1.40.00	3.20.00			1.35.00	3.05.00			1.25.00	2.40.00	2.49.00	6.00.00	5.25.00	