

MEDICAL DECLARATION INFORMATION GUIDE

For: ALL Scottish Swimming Members (All Disciplines)

Please read this Medical Declaration Information Guide. If you have any questions, please contact the Scottish Swimming Offices on 01786 466520 or email info@scottishswimming.com. Scottish Swimming includes Medical Declarations with the annual Membership mail out.

This form is available through your club membership secretary or from the website and must be completed annually or whenever you or your Doctor changes your medication.

Medication (whether prescribed by a Doctor or purchased from a pharmacy or other retail outlet) includes supplements such as Vitamins, Creatine and Echinacea along with anything that you may apply to your skin or agents such as eye drops, ear drops, nasal sprays and inhalers.

This information applies to you if you are:

1. 10 years old (or older), and
2. Are representing Great Britain or their Home Country internationally or competing in a British Swimming, Scottish Swimming, ASA or WASA National event (all disciplines, excluding Masters)

The information does not apply to you if you are:

1. 9 years old (or younger), or
2. **Are not** competing in a British Swimming, Scottish Swimming, ASA or WASA National event
3. A master's swimmer who does not also compete in 'open events/ championships'

There are two forms that our members need to be aware of:-

If you have to take a banned substance for a legitimate medical condition you should first check with your Doctor to see if there are any permitted alternative treatments or medications. If this is not possible you will need to apply for a Therapeutic Use Exemption (TUE) using the correct application forms.

1. Abbreviated TUE (ATUE) – This is required for some inhaled asthma medications and some products containing glucocorticosteroids. ATUE's are considered valid on receipt of a fully and appropriately completed ATUE form by the relevant organisation (see above)
2. Standard TUE – These forms will be reviewed by a panel of independent physicians, known as the Therapeutic Use Exemption Committee (TUEC).

For further information on whether you need to apply for a TUE and where to send the application please contact Wendy Coles, British Swimming on 01509 234088.

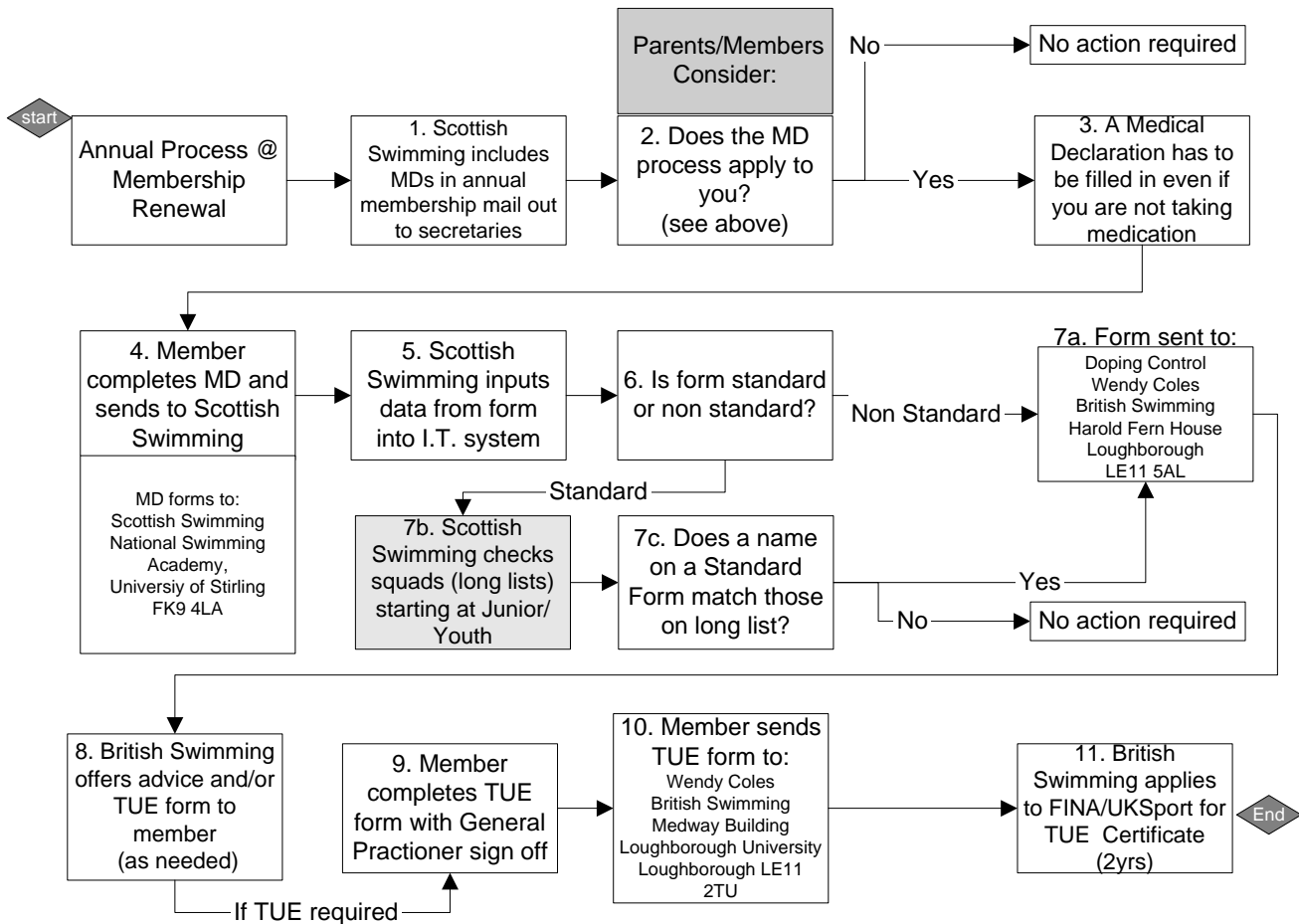
Useful links:-

Prohibited List – a current edition of the list can be found on the UK Sport Drug Information Database (DID) www.ukssport.gov.uk/did or the WADA website www.wada-ama.org. You can also use the DID to check the status of UK licensed medications.

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MEDICAL DECLARATION PROCESS

The process for ensuring these forms are completed effectively is as follows¹:



¹ British Swimming is the organisation responsible for doping control for Swimming in Britain.